

October 2019

Health Literacy Month

October is Health Literacy Month - a time when health literacy advocates around the world promote the importance of making health information understandable. The Health Literacy Month was founded by Helen Osborne in 1999.

Join Chapin Memorial Library as we present health literacy through reading and programs. Information tables will be available in the library to answer general questions about health, counseling, nutrition, exercise and hypnotherapy.

Color Key: Information • Activity • Seminar

Thursday, Oct. 3 • 10:00am • 1st Floor

Pepper Geddings Recreation Center.
 Information on exercise, the gym, and other activities.

Monday, Oct. 7 • 1:00pm • 1st Floor

• Chair Yoga Class with Dawn DiVita

Tuesday, Oct. 8 • 10:00am • 1st Floor

• Yoga Class with Linda Solomon

Thursday, Oct. 10 • 10:00am to 1:00pm • 1st Floor

- Ask the Nutritionist, Kay Dobis
- In Touch Counseling and Hypnotherapy, Barbara Cardinal, LISW #12497

Thursday, Oct. 10 • 11:00am • 1st Floor

• Back Pain Solution Seminar, Drs. Elaine and Alan Levy

Wednesday, Oct. 16 • 9:30am to 12:30pm • YS Area

 Kids Thrive Tribe: A Pediatric Wellness Program, Kasey Bordas, BCHHP, CCMH, LMBT, Functional Medicine Specialist

Thursday, Oct. 17 • 10:00am to 1:00pm • 1st Floor

- Ask the Nutritionist, Kay Dobis
- In Touch Counseling and Hypnotherapy, Barbara Cardinal, LISW #12497

Thursday, Oct, 17 • 11:00am • 1st Floor

• Shoulder Pain Solution Seminar, Dr. Levy

400 14th Avenue North Myrtle Beach, SC 29577 843-918-1275 www.chapinlibrary.org



Hours:

Mon.-Thurs. 9am-7pm Fri. 9am-6pm Sat. 9am-5pm

We're not just books... Audio & E-Books • DVDs • Magazines • Live Programs
Universal Class – Online General Interest Courses

Health Literacy Month (con't.)

Tuesday, Oct. 22 • 10:00am • 1st Floor

Yoga Class with Linda Solomon

Thursday, Oct. 24 • 11:00am • 1st Floor

• Managing Arthritis Seminar, Dr. Levy

Monday, Oct. 28 • 1:00pm • 1st Floor

• Chair Yoga Class with Dawn DiVita

Thursday, Oct. 31 • 10:00am-1:00pm • 1st Floor

- Pepper Geddings Recreation Center.
 Information on exercise, the gym and other activities.
- * Programs may be added after this publication is printed. Please check https://www.chapinlibrary.org/calendar for more information.

SC///CODES

SC Codes is a learning platform and coding community built to connect South Carolinians to the education and resources they need to unlock careers in technology. A collaboration powered by the S.C. Department of Commerce's Office of Innovation and Build Carolina, SC Codes not only provides FREE access to technological education, it has the potential to expose residents to the vast amount of opportunity available by connecting, training and empowering programmers across our state.

Beginning in October, Chapin Memorial Library will be an official "Meet-Up" place where coders can gather **twice a month** to share ideas, programs, and use the equipment in our new computer lab opening this Fall! All ages and skill levels are welcome. For more information use the **Contact Us** form from our website and select "SC Codes Mentor".

SC Codes Open House

• Thursday, Oct. 3 • 5:00pm

SC Codes Monthly Meet-Ups

- 3rd Wednesday of month 3:30pm beginning Oct. 16
- 1st Thursday of month 5:30pm beginning Nov. 7

2019 Veterans Awareness Series (VAS)

Monday, Oct. 7 • 1:00pm to 3:00pm

Peer Support Specialist, Bernard McLeroy, of Myrtle Beach Veterans Affairs Medical Clinic, will be here to assist veterans, their family members and friends. For more information, call Kim at 843-918-1295 or email felton@chapinlibrary.org.

Free Legal Clinic - Family Law Issues Tuesday, Oct. 8 • 6:00pm to 7:00pm

South Carolina Bar's Pro Bono legal clinic will provide general information on the topic. The clinic will consist of a 30-45 minute presentation followed by an open question and answer session with an attorney. Registration is appreciated, but not required. Register here at https://www.chapinlibrary.org/calendar. For more information, call Laura 843-918-1295 or email reference@chapinlibrary.org.

Fall Book Bingo

Thursday, Oct. 10 • 4:00pm-6:00pm

Our theme this game is Fall, inspired by book titles instead of numbers. Snacks and prizes will be provided. Doors open at 4:00pm. Register here at https://www.chapinlibrary.org/calendar. For more information, call Customer Services at 843-918-1275.

Chapin's Craft Corner: Halloween Earrings

Thursday, Oct. 17 • 2:00pm to 4:00pm



Learn how to make these Halloween inspired earrings. *Registration is required by Monday, Oct. 14, 2019*. Register online here at https://www.chapinlibrary.org/calendar, give Wanda a call 843-918-1275. or email forte@chapinlibrary.org.

FREE Full Access

library cards are offered to the following: US Military Veterans, City of Myrtle Beach & Horry County residents, and Palmetto Library Consortium county residents.

AARP Smart Driver Course

Saturday, Oct. 26 • 9:00am to 1:30pm

With this four-hour course, refresh your driving skills and learn the new rules of the road. Learn research-based driving strategies to help you stay safe behind the wheel. For more information, go to www.aarp.org/drive. Cost is \$15 for AARP members, \$20 for non-members. To sign up and reserve a seat, call: Judy Chamberlain at 843-945-4455.

Friday Films • 1:30pm

Oct. 4: A Dog's Journey - PG

Oct. 11: Rocketman (Elton John) - R

Oct. 18: Plus One - Not Rated

Oct. 25: Ma (Get Home Safe) - R

FREE movie - **Doors open at 1:30pm.** Age: 18+. Popcorn will be available, and you may bring your own non-alcoholic beverage. For more information, call 843-918-1275.

Acoustic Guitar Sessions

Fridays, 4:30pm to 5:30pm • All Ages

Every nation, tribe and tongue of all ages and skill levels, join together to learn Folk songs with simple chords and melodies that will encourage all to sing and play along so we can have a good ol' time! You only need a guitar to join. For more information, call **Jorge** at **603-820-2399**.

Topics Trivia

Tuesday, Oct. 22 • 4:00pm to 6:00pm

Chameleon Coloring Club

Mondays • 11:00am to 1:00pm • Ages: 18+

Knit & Crochet Group

Fridays • 2:00pm to 4:00pm

Yarn & Yak

2nd & 4th Thursdays • 1:00pm to 3:00pm

Chapin's **Homebound Delivery**

Chapin Library has a pilot delivery service to homebound patrons within a limited delivery area. If you or someone you care about has limited mobility due to a physical condition and cannot make trips to the library to obtain reading or viewing materials, we will deliver them! Call 843-918-1275 for an application and to learn more about the Homebound Delivery service.

Building Up Larger Brains Trivia

September 2019 Answers:

1. Paddington Bear

2. R. Sargent Shriver

3. Al Jolson

4. Albania

5. Vichysoisse

6. Kodiak Island

7. Sir Francis Drake

8. Be Sheng / Johann Gutenberg

9. The Naked & the Dead

10. Darius Rucker

11. Carlo Ponti

12. Mother's Day

13. Mononucleosis / Mono

14. Martina Hingis (15 yrs, 282 days)

15. sound

16. London Roman Ampitheatre

Try our webpage **BULB Trivia** to see if you can win a prize. Paper forms can be entered to win at the Service desks. Limit 1 entry per card number, per DAY. Answers will be accepted through the 15th of the month to be counted for the monthly prize.



Fall Storytime Schedule

Chapin Memorial Library offers free storytimes for ages four months and up. These storytimes are designed to develop early literacy skills for school readiness, defined by Every Child Ready to Read @ your library®. For more information, visit www.chapinlibrary.org or phone 843-918-1275.

Baby Storytimes

Tuesdays • 10:00am, for 4-18 month olds. Rhymes, songs, fingerplays and music especially for babies and caregivers. After Storytime, meet other parents, and help your child explore age appropriate toys.

Toddler Storvtimes

Wednesdays • 9:30am & 11:00am, for 24-36 months olds. Stories, flannelboards, fingerplays, songs, literacy toys, and a craft.

Preschool Storytimes

Thursdays • 11:00am, for 3-5 year olds. Stories, songs, fingerplays, flannelboards, literacy toys, and a craft.











Family Events & Youth

Pre-Register online at

www.chapinlibrary.org/calendar

Family Dance Party - All Ages Fridays, Oct. 4 & 18 • 11:00am to noon

Family Dance Party consists of a story, movement, and music. The party is especially for babies through pre-school age children, but all families are welcome. Come and dance with us and have some fun.

Playtime Yoga - Ages 2+

Fridays, Oct. 11 & 25 • 11:00am to 11:30am

The class is taught by Tonya Wall. Bring your own yoga mat or beach towel. Questions, please call Youth Services at 843-918-1275.

Family Events & Youth (con't.)

Youth Chess Club - Ages 4-17

Saturdays, Oct. 5 & 26 • 3:00pm to 4:00pm*

Open to youth of all ages and skill levels. Play chess and learn new tactics and strategies. If you've never played before, come learn the game. This program is organized and run by volunteers and promoted by the library. For more information, please contact kshartford@gmail.com. *New time

Paws for Reading - Ages: K-5th Saturday, Oct. 12 • 11:00am to noon

You can practice your read-aloud skills by reading to a dog! Questions, call Youth Services at 843-918 -1275.

Flix & Fun - Ages: K-5th

Saturday, Oct. 19 • 11:00am

Thursday, Oct. 24 • 4:30pm

On Saturday, join us and watch the movie Lady and the Tramp with snacks and juice. Then join us on Thursday for discussion, activities and games based on the movie.

LEGO Build - Ages 4-14 Saturday, Oct. 26 • 11:00am to noon

Keep your engineering and problem-solving skills sharp, strengthen your STEAM muscles, and spark your imagination with an abundance of Lego bricks. Inspiration topic will be given and then it's build time! Anyone under 8 must bring an adult.

Middle Grade Events

Pre-Register online at

www.chapinlibrary.org/calendar

Kids S.T.E.A.M. - Grades K-5th

Wednesday, Oct. 9 • 4:30pm to 5:30pm Math - Activity: Explore a story in a new way by creating animals out of tangrams.

Wednesday, Oct. 23 • 4:30pm to 5:30pm

Art - Activity: Art class with Tracey Roode from the Art Museum.

Would you like a digital newsletter vs. print? Email reference@chapinlibrary.org or call 843-918-1295. We would ♥ to add you! :O)

Middle Grade Events (con't.)

Harry Potter Book Club - Grades 4th-9th

Tuesday, Oct. 29 • 4:30pm to 6:00pm

This month we will discuss chapters 1-18 of Harry Potter and the Deathly Hallows, attend an ice cream party at Florean Foretescue's Ice Cream Parlour, and finish up with a terrifying game of Death Eater.

Teen Events - Grades 6th-12th

Pre-Register online www.chapinlibrary.org/calendar

Dungeons & Dragons Club Tuesday, Oct. 1 • 4:30pm Limited to 8 players

Play Dungeons and Dragons with a Dungeon Master from Myrtle Beach Games. All skill levels.

Percy Jackson Book Club Tuesday, Oct. 8 • 4:30pm

The second Tuesday of every month, we will have a discussion and activities based on the book. This month, we will be discussing The Sea of Monsters and going on a hunt for the Golden Fleece.

Teen Advisory Board Tuesday, Oct. 15 • 4:30pm

Let your voice be heard! Teen Advisory Board is for teens who would like to become active in their community and library. We meet, discuss, and plan future teen programs. Come ready to meet new people and brain-storm. Snacks will be provided.

Game Night Tuesday, Oct. 22 • 4:30pm

Hang out, play board games and eat pizza!

